## Claims:

An adjustable back support system adaptable for different size wearers to
provide support for the lumbar region of the wearer's back while the wearer
performs bending or lifting functions comprising:

a back panel for pressing against said lumber region of said wearer's back, said back panel also having side panels that extend to and press against sides of said wearer while in use;

a belt wrapping around and pressing said back panel with said side panels against said wearer while fastened and in use; and

side wings insertable between said back panel with said side panels and said belt, said side wings being independently securable and yet moveable with respect to both (1) said belt and (2) said back panel with said side panels.

- The adjustable back support system adaptable for different size wearers as recited in claim 1 further comprising a suspension system connecting to (1) said back panel with said side panels and (2) said side wings, with a connecting means, said suspension system extending over shoulders of said wearer to maintain vertical position of said back panel against said lumber region of said wearer.
- 3. The adjustable back support system adaptable for different size wearers as recited in claim 2 wherein said side wings are independently securable and

yet movable with respect to both (1) said belt and (2) said back panel with said side panels using hook and loop fasteners.

- 4. The adjustable back support system adaptable for different size wearers as recited in claim 3 wherein said connecting means between (1) said suspension system (2) said back panel with said side panels and (3) said side wings is a clip on said suspension system and rings on (1) said back panel with said side panels and (2) said side wings.
- 5. The adjustable back support system adaptable for different size wearers as recited in claim 4 wherein said back panel with said side panels has an outer surface, said side wings have an outer surface and an inner surface, and said hook and loop fasteners are contained on (1) said outer surface of said back panel with said side panels (2) said outer surface of said side wings and (3) said inner surface of said side wings.
- 6. The adjustable back support system adaptable for different size wearers as recited in claim 5 wherein said belt is constructed of a non-elastic, durable, woven material that acts as a hook and loop fastener.
- 7. The adjustable back support system adaptable for different size wearers as recited in claim 6 wherein said suspension system contains upper back padding and shoulder padding.
- 8. The adjustable back support system adaptable for different size wearers as recited in claim 7 wherein said belt contains a belt end with a belt buckle

and a belt end with a plurality of holes.

- 9. The adjustable back support system adaptable for different size wearers as recited in claim 8 wherein said belt ends are constructed of leather and said belt buckle is constructed of metal.
- 10. The adjustable back support system adaptable for different size wearers as recited in claim 9 wherein said suspension system contains three suspenders with three adjusting means.
- 11. The adjustable back support system adaptable for different size wearers as recited in claim 10 wherein said back panel with said side panels, said side wings, said upper back padding, and said shoulder padding are constructed of a non-elastic, durable, woven material with inner padding.
- 12. An adjustable back support system adaptable for different size wearers to provide support for the lumbar region of the wearer's back while the wearer performs bending or lifting functions comprising:

a back panel for pressing against said lumber region of said wearer's back, said back panel also having side panels that extend to and press against sides of said wearer while in use;

a belt wrapping around and pressing said back panel with said side panels against said wearer while fastened and in use; and

side wings insertable between said back panel with said side panels and said belt, said side wings being independently securable and yet

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moveable with respect to both (1) said belt and (2) said back panel with said side panels.

a suspension system connecting to (1) said back panel with said side panels and (2) said side wings, with a connecting means, said suspension system extending over shoulders of said wearer to maintain vertical position of said back panel against said lumber region of said wearer.

- 13. The adjustable back support system adaptable for different size wearers as recited in claim 12 wherein said side wings are independently securable and yet movable with respect to both (1) said belt and (2) said back panel with said side panels using hook and loop fasteners.
- 14. The adjustable back support system adaptable for different size wearers as recited in claim 13 wherein said connecting means between (1) said suspension system (2) said back panel with said side panels and (3) said side wings is a clip on said suspension system and rings on (1) said back panel with said side panels and (2) said side wings.
- 15. The adjustable back support system adaptable for different size wearers as recited in claim 14 wherein said back panel with said side panels has an outer surface, said side wings have an outer surface and an inner surface, and said hook and loop fasteners are contained on (1) said outer surface of said back panel with said side panels (2) said outer surface of said side wings and (3) said inner surface of said side wings.

- 16. The adjustable back support system adaptable for different size wearers as recited in claim 15 wherein said belt is constructed of a non-elastic, durable, woven material that acts as a hook and loop fastener.
- 17. The adjustable back support system adaptable for different size wearers as recited in claim 16 wherein said suspension system contains upper back padding and shoulder padding.
- 18. The adjustable back support system adaptable for different size wearers as recited in claim 17 wherein said belt contains a belt end with a belt buckle and a belt end with a plurality of holes.
- 19. The adjustable back support system adaptable for different size wearers as recited in claim 18 wherein said belt ends are constructed of leather and said belt buckle is constructed of metal.
- 20. The adjustable back support system adaptable for different size wearers as recited in claim 19 wherein said suspension system contains three suspenders with three adjusting means.
- 21. The adjustable back support system adaptable for different size wearers as recited in claim 20 wherein said back panel with said side panels, said side wings, said upper back padding, and said shoulder padding are constructed of a non-elastic, durable, woven material with inner padding.
- 22. An adjustable back support system adaptable for different size wearers to provide support for the lumbar region of the wearer's back while the wearer

performs bending or lifting functions comprising:

a back panel for pressing against said lumber region of said wearer's back, said back panel also having side panels that extend to and press against sides of said wearer while in use;

a belt wrapping around and pressing said back panel with said side panels against said wearer while fastened and in use; and

side wings insertable between said back panel with said side panels and said belt, said side wings being independently securable and yet moveable with respect to both (1) said belt and (2) said back panel with said side panels using hook and loop fasteners.

a suspension system connecting to (1) said back panel with said side panels and (2) said side wings, with a connecting means, said suspension system extending over shoulders of said wearer to maintain vertical position of said back panel against said lumber region of said wearer, said connecting means is a clip on said suspension system and rings on (1) said back panel with said side panels and (2) said side wings, and said suspension system contains three suspenders with three adjusters, upper back padding, and lower back padding.

23. The adjustable back support system adaptable for different size wearers as recited in claim 22 wherein said back panel with said side panels has an outer surface, said side wings have an outer surface and an inner surface,

and said hook and loop fasteners are contained on (1) said outer surface of said back panel with said side panels (2) said outer surface of said side wings and (3) said inner surface of said side wings.

- 24. The adjustable back support system adaptable for different size wearers as recited in claim 23 wherein said belt is constructed of a non-elastic, durable, woven material that acts as a hook and loop fastener.
- 25. The adjustable back support system adaptable for different size wearers as recited in claim 24 wherein said belt contains a belt end with a belt buckle and a belt end with a plurality of holes.
- 26. The adjustable back support system adaptable for different size wearers as recited in claim 25 wherein said belt ends are constructed of leather and said belt buckle is constructed of metal.
- 27. The adjustable back support system adaptable for different size wearers as recited in claim 26 wherein said back panel with said side panels, said side wings, said upper back padding, and said shoulder padding are constructed of a non-elastic, durable, woven material with inner padding.